

# The Blue Anchor

13 Lower Mall Hammersmith London W6 9DJ Phone: 020 8748 5774

## *Kitchen Hours*

Monday to Friday  
Saturday & Sunday

## *Lunch*

12:00 to 15:30  
12:00 to 21:00

## *Dinner*

18:00 to 21:30  
12:00 to 21:00

## *Light Meals*

### **Jacket Potato Wedges**

Served with a side of soured cream and a sweet chilli dip

£5.95

### **Chilli Rellenos**

Breaded jalapeno cream cheese poppers served with a salsa dip

£6.50

### **Nachos**

Tortilla chips topped with mexi-cheese salsa, jalapenos and soured cream

£5.95

### **Turkish Bread & Dips**

Taramasalada, Houmous & Tzatziki dips served with warmed pitta bread

£6.50

### **Tapas**

A selection of Olives, chorizo, whitebait, mushrooms and patatas bravas ,served with ciabatta (for two)

£8.95

### **Hot and Spicy Prawns**

Whole king prawns coated in spicy breadcrumbs

£6.75

### **Home Made Salmon Fish Cakes**

Served with tartare sauce and salad

£6.75

### **Mussels in Provencal Sauce**

Served with garlic ciabatta bread

£6.75

### **Calamari**

Lightly dusted calamari served on a bed of green leaves with a lemon dressing

£6.95

### **Basket of Whitebait**

A Mitre recipe served with granary bread

£6.50

## *Sandwiches*

### **Chicken BLT**

Chicken BLT triple decker sandwich on lightly toasted granary bread

£6.50

### **New York Deli**

Pastrami, triple decker sandwich with lettuce, tomato, horse radish and mustard on fresh granary bread

£6.50

### **Tuna**

Tuna with sweet corn, red onion and mayo on ciabatta bread

£5.95

## *Salads*

### **Mediterranean**

Fresh assorted leaves, tomatoes, olives dressed with Lemon juice & Olive Oil

£6.75

### **Steak**

Strips of grilled steak on a bed of mixed leaves

£7.75

### **Chicken Caesar**

Caesar salad served with grilled chicken breast

£7.75

**PLEASE ORDER AND PAY AT THE BAR**

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## *Mains*

<b>Soup of the Day</b>	£3.95
Delicious home made soup. Please ask our staff for the soup of the day or refer to our specials board	
<b>Fish &amp; Chips</b>	£8.95
Fresh Haddock served in a white wine batter with fries and salad	
<b>Rolled Chicken Breast stuffed with Spinach and Stilton</b>	£8.50
Served with chips and salad	
<b>Baby Back Ribs</b>	£12.95
Full rack of ribs with hickory BBQ sauce, salad and fries	
<b>Anchor Burger</b>	£8.25
Home made with prime beef and herbs, served with fries	
<b>Cajun Chicken Burger</b>	£7.95
Grilled chicken fillet topped with Cajun spices and red onion marmalade with fries	
<b>Sausage &amp; Mash</b>	£8.50
Aberdeen Angus sausage and mash with red wine sauce and baby onions	
<b>8oz Rump Steak</b>	£12.50
With a herb marinade served with fries, salad and balsamic roast cherry tomatoes	
<b>Nile Perch</b>	£11.50
Herb crusted fresh water fish with sweet pepper chutney served with creamy mashed potatoes	
<b>Chilli Con Carne</b>	£7.95
A traditional Texan recipe, served with pitta bread	
<b>Chef's Pasta</b>	£7.50
Please ask at the bar for the pasta of the day	
<b>Beef Stew</b>	£8.50
A hearty homemade winter dish served with bread	
<b>Side Salad</b>	£4.25
Mixed fresh salad	

## *Pie & Mash*

<b>Steak</b>	£6.95
Freshly baked steak & ale pie served with a side of mash potato	
<b>Chicken</b>	£6.95
Freshly baked chicken pie with smoked cheese and mushrooms served with a side of mash potato	
<b>Cheese</b>	£6.75
Freshly baked cheese, leek & potato pie served with a side of mash potato	

## *Desserts*

<b>Chocolate Fudge Brownie</b>	£4.25
<b>Apple Strudel and ice cream</b>	£4.95
<b>Dairy Ice-cream or Sorbet</b>	£3.95